

Sunday, September 18 - Body of Christ, Save Me!

Body of Christ, save me!
Save me from my great arch-enemy,
my weak and faltering self.
Save me from all greed of money,
of power, and of praise.
Save me from thirst for pleasure,
worldly show, and midnight revelry.
Save me from betraying You, Dear Lord,
in thought, or in word, or in deed. Amen.

Monday, September 19 - Lord Let Me Walk With You

Lord let me walk with You
Although my steps are small
Stay beside, hold my hand
And never let me fall. men.

Tuesday, September 20 - In Time of Danger

O God,
Who knowest us to be set in the midst of such great perils,
that, by reason of the weakness of our nature,
we cannot stand upright,
grant us such health of mind and body,
that those evils which we suffer for our sins we may overcome through Thine assistance.
Through Christ our Lord. Amen.

Wednesday, September 21 - Nuptial Blessing, Longer

O God, by Your mighty power You made all things out of nothing. First, You set the beginnings of the universe in order. Then, You made man in Your image, and appointed woman to be his inseparable helpmate. Thus You made woman's body from the flesh of man, thereby teaching that what You have been pleased to institute from one principle might never lawfully be put asunder. O God, You have sanctified marriage by a mystery so excellent that in the marriage union You foreshadowed the union of Christ and the Church. O God, You join woman to man, and You endow that fellowship with a blessing which was not taken away in punishment for original sin nor by the sentence of the flood. Look, in Your mercy, upon this Your handmaid, about to be joined in wedlock, who entreats You to protect and strengthen her. Let the yoke of marriage to her be one of love and peace. Faithful and chaste, let her marry in Christ. Let her ever follow the model of holy women: let her be dear to her husband like Rachel; wise like Rebecca; long-lived and faithful like Sara. Let the author of sin work none of his evil deeds within her; let her ever keep the Faith and the commandments. Let her be true to one wedlock and shun all sinful embraces; let her strengthen weakness by stern discipline. Let her be grave in demeanor, honorable for her modesty, learned in heavenly doctrine, fruitful in children. Let her life be good and innocent. Let her come finally to the rest of the blessed in the kingdom of heaven. May they both see their children's children to the third and fourth generation, thus attaining the old age which they desire. Through the same our Lord Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, God, world without end. Amen.

Thursday, September 22 - Prayer to Our Mother of Perpetual Help

Mother of Perpetual Help, today we face so many difficulties. Your picture tells us so much about you. It reminds us to reach out and help those in need. Help us understand that our lives belong to others as much as they belong to us.

Mary, Model of Christian love, we know we cannot heal every ill or solve every problem. But with God's grace, we intend to do what we can. May we be true witnesses to the world that love for one another really matters. May our daily actions proclaim how fully our lives are modeled after yours, Mother of Perpetual Help.

Friday, September 23 - Prayer for Women with Breast Cancer

Father, for the strength you have given me I thank you.
For the health you have blessed me with, I thank you.
For the women who are going through breast cancer and their families
I ask you to strengthen and to heal as you see fit.
Lord we know you want us to be in good health and to prosper.
Lord use us to do the work you have for us to do.
For we know time is getting short on this earth.
Lord be with every woman who is sick
and encourage them as only you can.
I know how faithful you are.
You have shown yourself to be everything
you say you are in your Holy Word.
I praise you for you made this body
and you can heal this body.
In Jesus Name I pray. Amen.

Saturday, September 24 - Haiku Prayer 10

"Haiku" prayers, in Japanese poetical form, have their origin in the fourteenth century. They consist of 17 syllables arranged in three lines (5-7-5). This provides a simple format for composing personal and family prayers. The following haiku prayer is a Canadian example. You are encouraged to develop your own.

Blessed mother, pray
to Jesus for all the world,
pray to Him for us.
