

**Daily Prayers**  
**May 8 – 14, 2022**

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**Sunday, May 8 - St. Augustine's Prayer to the Holy Spirit**

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen.

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**Monday, May 9 - Prayer for Travelers**

O Almighty and merciful God, who hast commissioned Thy angels to guide and protect us, command them to be our assiduous companions from our setting out until our return; to clothe us with their invisible protection; to keep from us all danger of collision, of fire, of explosion, of fall and bruises, and finally, having preserved us from all evil, and especially from sin, to guide us to our heavenly home. Through Jesus Christ, our Lord. Amen.

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**Tuesday, May 10 - Prayer to St. Gabriel, for Others**

O loving messenger of the Incarnation, descend upon all those for whom I wish peace and happiness. Spread your wings over the cradles of the new-born babes, O thou who didst announce the coming of the Infant Jesus.

Give to the young a lily petal from the virginal scepter in your hand. Cause the Ave Maria to re-echo in all hearts that they may find grace and joy through Mary.

Finally, recall the sublime words spoken on the day of the Annunciation-- "Nothing is impossible with God," and repeat them in hours of trial--to all I love--that their confidence in Our Lord may be reanimated, when all human help fails. Amen.

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**Wednesday, May 11 - Prayer of Praise and Thanks**

Blessed are you, Lord God:  
Blessed are you for ever.  
Holy is your name:  
Blessed are you for ever.  
Great is your mercy for your people:  
Blessed are you forever. Amen!  
Father, Son, and Holy Spirit,  
We praise you and give you glory:  
We bless you for calling us to be your holy people.  
Remain in our hearts,  
And guide us in our love and service.  
Help us to let our light shine before others  
And lead them to the way of faith.  
Holy Trinity of love,  
We praise you now and forever. Amen!  
We praise you, Father of all;  
We thank you for calling us to be your people,  
And for choosing us to give you glory.  
In a special way we thank you for...  
State your [intention] here.  
Cleanse our hearts and our lives  
With your holy word

And make our prayer pleasing to you.  
Guide us by your Spirit  
As we follow in the paths of Jesus our brother.  
All glory and praise are yours, Father,  
For ever and ever. Amen!  
Let us give glory to the Father  
Through the Son  
In the Holy Spirit,  
For God has made us his people, his Church,  
And calls us to sing his praises.  
All honour and glory and thanks are his,  
And praise and worship belong to him.  
To God be glory in his Church  
For ever and ever! Amen!  
Thanks for a beautiful day: On a beautiful day,  
we may thank God and praise him for his many gifts.  
Father of Jesus,  
We praise you and give you glory  
For the wonderful things you do for us;  
For life and health,  
for friends and family,  
for this splendid day.

For these reasons, we pray as Jesus taught us: Our Father... Recite the 'Our Father' here.

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**Thursday, May 12 - Help Against Spiritual Enemies**

Glorious St. Michael, Prince of the heavenly hosts, who standest always ready to give assistance to the people of God; who didst fight with the dragon, the old serpent, and didst cast him out of heaven, and now valiantly defendest the Church of God that the gates of hell may never prevail against her, I earnestly entreat thee to assist me also, in the painful and dangerous conflict which I have to sustain against the same formidable foe. Be with me, O mighty Prince! that I may courageously fight and wholly vanquish that proud spirit, whom thou hast by the Divine Power, so gloriously overthrown, and whom our powerful King, Jesus Christ, has, in our nature, so completely overcome; to the end that having triumphed over the enemy of my salvation, I may with thee and the holy angels, praise the clemency of God who, having refused mercy to the rebellious angels after their fall, has granted repentance and forgiveness to fallen man. Amen.

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**Friday, May 13 - Fatima Prayer**

O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those who are in most need of Thy mercy.

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**Saturday, May 14 - Prayer for Strength to Forgive**

Faultless Lord, enduring death for me,  
You have consummated the debt of my sins:  
Your sacrifice of forgiveness was absolute!  
Grant me the strength to also forgive others,  
To excuse their transgressions against me.  
So I may truly reflect this spiritual fruit,  
Obliterate any persistent feelings of malice.  
Let each trespass end as a closing chapter,  
My continuing on the road of righteousness.  
Forgive my sins as I aspire to forgive others.  
You are truly archetypical of forgiveness.  
You are a most forgiving Lord!

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